

INGREDIENTS

3 pounds Boneless Skinless Chicken Breast, raw
2 tablespoons California Extra Virgin Olive Oil
1 cup Chicken Broth
1 1/2 teaspoons Sea Salt
2 teaspoons Garlic Powder
2 teaspoons Onion Powder
1 teaspoon Ground Black Pepper
1 teaspoon Paprika
1 teaspoon Italian Seasoning

NUTRITION INFORMATION PER SERVING

Protein 39g	Sodium 621mg
Total Fat 8.1g	Saturated Fat 1.48g
Carbs 1.6g	Fruits 0 servings
Calories 242kcal	Vegetables 0 servings
Fiber 0.39g	Added Sugar 0g

Slow Cooker Savory Chicken Breasts

🕒 15 MINS PREP | 🕒 3 HRS COOK | 🍴 8 SERVINGS

🔗 To modify servings, view nutrition information and more, go to eatlove.is

Method

1. Coat chicken with olive oil and set aside. Mix together all dry ingredients, and coat chicken breasts. Set aside.
2. Pour broth into slow cooker. Set slow cooker to high. Place chicken breasts in broth, and spoon out any extra seasoning mix onto chicken breasts. Close slow cooker lid, and let cook for at least 3 hours. Chicken is done when it can be pulled apart by a fork. Serve warm with rice and a green salad.

